


Senior Men  
Results

12 DEC 2010

Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind
1	543	LEBID Serhiy	UKR	15 JUL 1975	29:15	
2	77	LAMDASSEM Ayad	ESP	11 OCT 1981	29:18	0:03
3	397	EL KALAI Youssef	POR	1 MAR 1981	29:19	0:04
4	141	MEFTAH Abdellatif	FRA	3 JAN 1982	29:21	0:06
5	137	AMDOUNI Mourad	FRA	21 JAN 1988	29:21	0:06
6	306	LALLI Andrea	ITA	20 MAY 1987	29:28	0:13
7	398	MBENGANI Eduard	POR	8 JAN 1985	29:29	0:14
8	402	SILVA Rui Pedro	POR	6 MAY 1981	29:32	0:17
9	75	ESPAÑA Jesús	ESP	21 AUG 1978	29:32	0:17
10	138	BENHARI Mokhtar	FRA	22 MAY 1974	29:34	0:19
11	450	RYBAKOV Yevgeniy	RUS	27 FEB 1985	29:35	0:20
12	226	ULICZKA Steffen	GER	17 JUL 1984	29:36	0:21
13	489	JOLY Stéphane	SUI	28 JUL 1983	29:39	0:24
14	139	EL HIMER Driss	FRA	4 APR 1974	29:41	0:26
15	176	HUMPHRIES Tom	GBR	24 SEP 1984	29:43	0:28
16	356	BUTTER Michel	NED	5 NOV 1985	29:43	0:28
17	401	SILVA Rui	POR	3 AUG 1977	29:44	0:29
18	178	NICHOLLS Phil	GBR	29 SEP 1983	29:46	0:31
19	79	SERRANO Ricardo	ESP	29 OCT 1980	29:49	0:34
20	303	DE NARD Gabriele	ITA	3 NOV 1974	29:50	0:35
21	267	SWEENEY Joseph	IRL	17 OCT 1985	29:51	0:36
22	488	BANDI Philipp	SUI	28 SEP 1977	29:51	0:36
23	61	MUNKHOLM Morten Toft	DEN	22 SEP 1985	29:55	0:40
24	140	MAYAUD Denis	FRA	22 APR 1986	29:55	0:40
25	133	UTRIAINEN Jussi	FIN	28 NOV 1978	29:57	0:42
26	448	REUNKOV Aleksey	RUS	28 JAN 1984	29:59	0:44
27	399	PIMENTEL Licínio	POR	12 APR 1977	30:00	0:45
28	78	LÓPEZ Francisco Javier	ESP	27 JUL 1983	30:07	0:52
29	177	MCLEOD Ryan	GBR	7 JUN 1985	30:08	0:53
30	447	CHAVKIN Nikolay	RUS	24 APR 1984	30:10	0:55
31	80	SOLIS David	ESP	22 DEC 1981	30:11	0:56
32	302	BUTTAZZO Gian Marco	ITA	23 AUG 1977	30:15	1:00
33	357	CHOUKOUK Khalid	NED	23 MAR 1986	30:19	1:04
34	368	BADHASO Dabaya	NOR	28 NOV 1982	30:21	1:06
35	264	KENNEALLY Mark	IRL	18 APR 1981	30:24	1:09
36	142	ZIOINI Badre Din	FRA	25 MAR 1976	30:25	1:10
37	175	DRAPER Mark	GBR	28 JUN 1984	30:26	1:11
38	304	FLORIANI Yuri	ITA	25 DEC 1981	30:27	1:12
39	449	RYBAKOV Anatoliy	RUS	27 FEB 1985	30:27	1:12
40	400	ROCHA José	POR	6 JUL 1976	30:30	1:15
41	76	GUERRA Javier	ESP	10 NOV 1983	30:37	1:22
42	261	CHRISTIE Mark	IRL	12 JAN 1985	30:39	1:24
43	132	RÄSÄNEN Matti	FIN	15 FEB 1983	30:42	1:27

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Results

12 DEC 2010

Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind
44	268	THORNTON Gary	IRL	29 JUL 1979	30:44	1:29
45	60	HANNIBAL Jakob	DEN	18 JAN 1981	30:46	1:31
46	339	FLOROSEKS Mareks	LAT	4 MAR 1986	30:47	1:32
47	520	BILGIC Fatih	TUR	1 JUN 1985	30:47	1:32
48	180	TICKNER Frank	GBR	12 OCT 1983	30:50	1:35
49	358	WASSINK Gert Jan	NED	18 DEC 1985	30:52	1:37
50	59	FAURSCHOU Jesper	DEN	1 JUL 1983	30:57	1:42
51	26	TOUIL Ayoub	BEL	12 AUG 1983	31:03	1:48
52	130	BOSTRÖM Mårten	FIN	3 AUG 1982	31:04	1:49
53	13	YEGHIKYAN Sevak	ARM	13 FEB 1986	31:13	1:58
54	25	BEKELE Atelaw Yeshetela	BEL	4 DEC 1987	31:17	2:02
55	308	SCAINI Stefano	ITA	4 MAY 1983	31:20	2:05
56	16	SCHMID Michael	AUT	13 FEB 1984	31:29	2:14
57	265	MULHARE Dan	IRL	2 SEP 1985	31:35	2:20
58	451	SHARIKOV Gleb	RUS	25 DEC 1987	31:36	2:21
59	474	KOSMAC Anton	SLO	14 DEC 1976	31:38	2:23
60	53	KOCOUREK Milan	CZE	6 DEC 1987	31:45	2:30
61	523	KARAYEL Bekir	TUR	10 MAY 1982	31:56	2:41
62	263	FARRELL Brian	IRL	30 SEP 1983	31:59	2:44
63	62	WOLTERS Benjamin	DEN	1 JAN 1982	32:07	2:52
64	131	HARJAMÄKI Joonas	FIN	30 MAY 1986	32:09	2:54
65	352	NOTHUM Vincent	LUX	26 APR 1978	32:45	3:30
66	122	TIEREPANNIKOV Sergei	EST	15 AUG 1983	33:02	3:47
67	338	EDGARS Bertuks	LAT	3 APR 1986	33:06	3:51
68	54	KREISINGER Jan	CZE	16 SEP 1984	33:32	4:17
69	521	CEYLAN Yasin	TUR	1 JAN 1984	33:44	4:29
70	340	ARSENIKOV Janis	LAT	24 MAY 1983	33:58	4:43
71	337	RUMBENIEKS Arnis	LAT	4 APR 1988	35:16	6:01
	473	KOBE Primoz	SLO	23 MAY 1981	DNF	
	305	LA ROSA Stefano	ITA	22 SEP 1985	DNF	
	181	VERNON Andy	GBR	7 JAN 1986	DNF	
	522	GIRMALEGESE Mert	TUR	30 NOV 1987	DNS	

Intermediate times:	1870m	5:21	13	YEGHIKYAN Sevak (ARM)
	3470m	10:07	141	MEFTAH Abdellatif (FRA)
	5070m	15:01	306	LALLI Andrea (ITA)
	6670m	19:49	141	MEFTAH Abdellatif (FRA)
	8270m	24:38	137	AMDOUNI Mourad (FRA)


Weather conditions

Temperature: 19 °C Humidity: 65 % Conditions: Mostly clo udy

Legend

DNF Did not Finish DNS Did not Start

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**Senior Men  
Detailed Results**

12 DEC 2010

Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind					
							1870m	3470m	5070m	6670m	8270m
1	543	<b>LEBID Serhiy</b>	UKR	15 JUL 1975	<b>29:15</b>						
						5:21 (8)	10:07 (4)	15:01 (6)	19:50 (5)	24:40 (7)	4:35
							4:46	4:54	4:49	4:50	
2	77	<b>LAMDASSEM Ayad</b>	ESP	11 OCT 1981	<b>29:18</b>	0:03					
						5:21 (3)	10:07 (7)	15:01 (5)	19:49 (4)	24:38 (2)	4:40
							4:46	4:54	4:48	4:49	
3	397	<b>EL KALAI Youssef</b>	POR	1 MAR 1981	<b>29:19</b>	0:04					
						5:21 (7)	10:07 (6)	15:02 (8)	19:50 (6)	24:38 (4)	4:41
							4:46	4:55	4:48	4:48	
4	141	<b>MEFTAH Abdellatif</b>	FRA	3 JAN 1982	<b>29:21</b>	0:06					
						5:21 (9)	10:07 (1)	15:01 (3)	19:49 (1)	24:38 (5)	4:43
							4:46	4:54	4:48	4:49	
5	137	<b>AMDOUNI Mourad</b>	FRA	21 JAN 1988	<b>29:21</b>	0:06					
						5:21 (9)	10:07 (3)	15:01 (2)	19:49 (3)	24:38 (1)	4:43
							4:46	4:54	4:48	4:49	
6	306	<b>LALLI Andrea</b>	ITA	20 MAY 1987	<b>29:28</b>	0:13					
						5:21 (13)	10:07 (5)	15:01 (1)	19:51 (9)	24:40 (8)	4:48
							4:46	4:54	4:50	4:49	
7	398	<b>MBENGANI Eduard</b>	POR	8 JAN 1985	<b>29:29</b>	0:14					
						5:21 (6)	10:07 (9)	15:02 (11)	19:50 (7)	24:39 (6)	4:50
							4:46	4:55	4:48	4:49	
8	402	<b>SILVA Rui Pedro</b>	POR	6 MAY 1981	<b>29:32</b>	0:17					
						5:21 (11)	10:07 (2)	15:01 (4)	19:49 (2)	24:38 (3)	4:54
							4:46	4:54	4:48	4:49	
9	75	<b>ESPAÑA Jesús</b>	ESP	21 AUG 1978	<b>29:32</b>	0:17					
						5:23 (30)	10:09 (20)	15:02 (7)	19:52 (10)	24:43 (11)	4:49
							4:46	4:53	4:50	4:51	
10	138	<b>BENHARI Mokhtar</b>	FRA	22 MAY 1974	<b>29:34</b>	0:19					
						5:24 (31)	10:09 (25)	15:03 (21)	19:52 (11)	24:43 (10)	4:51
							4:45	4:54	4:49	4:51	
11	450	<b>RYBAKOV Yevgeniy</b>	RUS	27 FEB 1985	<b>29:35</b>	0:20					
						5:28 (48)	10:16 (39)	15:07 (31)	19:58 (18)	24:56 (19)	4:39
							4:48	4:51	4:51	4:58	
12	226	<b>ULICZKA Steffen</b>	GER	17 JUL 1984	<b>29:36</b>	0:21					
						5:23 (27)	10:08 (14)	15:02 (13)	19:55 (13)	24:52 (16)	4:44
							4:45	4:54	4:53	4:57	
13	489	<b>JOLY Stéphane</b>	SUI	28 JUL 1983	<b>29:39</b>	0:24					
						5:21 (4)	10:07 (13)	15:02 (12)	19:54 (12)	24:51 (15)	4:48
							4:46	4:55	4:52	4:57	
14	139	<b>EL HIMER Driss</b>	FRA	4 APR 1974	<b>29:41</b>	0:26					
						5:22 (21)	10:07 (10)	15:02 (9)	19:51 (8)	24:42 (9)	4:59
							4:45	4:55	4:49	4:51	
15	176	<b>HUMPHRIES Tom</b>	GBR	24 SEP 1984	<b>29:43</b>	0:28					
						5:22 (16)	10:07 (8)	15:02 (15)	19:55 (14)	24:48 (12)	4:55
							4:45	4:55	4:53	4:53	
16	356	<b>BUTTER Michel</b>	NED	5 NOV 1985	<b>29:43</b>	0:28					
						5:29 (56)	10:19 (45)	15:08 (33)	19:59 (21)	24:51 (14)	4:52
							4:50	4:49	4:51	4:52	

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## Senior Men Detailed Results

12 DEC 2010


Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind						
							1870m	3470m	5070m	6670m	8270m	
17	401	<b>SILVA Rui</b>	POR	3 AUG 1977	<b>29:44</b>	0:29						
							5:23 (24)	10:08 (17) 4:45	15:04 (24) 4:56	20:02 (25) 4:58	24:57 (20) 4:55	4:47
18	178	<b>NICHOLLS Phil</b>	GBR	29 SEP 1983	<b>29:46</b>	0:31						
							5:24 (33)	10:11 (27) 4:47	15:03 (18) 4:52	19:55 (15) 4:52	24:51 (13) 4:56	4:55
19	79	<b>SERRANO Ricardo</b>	ESP	29 OCT 1980	<b>29:49</b>	0:34						
							5:28 (49)	10:15 (34) 4:47	15:05 (28) 4:50	19:58 (19) 4:53	24:53 (17) 4:55	4:56
20	303	<b>DE NARD Gabriele</b>	ITA	3 NOV 1974	<b>29:50</b>	0:35						
							5:27 (44)	10:16 (36) 4:49	15:07 (30) 4:51	20:00 (22) 4:53	24:55 (18) 4:55	4:55
21	267	<b>SWEENEY Joseph</b>	IRL	17 OCT 1985	<b>29:51</b>	0:36						
							5:22 (18)	10:07 (11) 4:45	15:03 (16) 4:56	19:58 (17) 4:55	25:00 (22) 5:02	4:51
22	488	<b>BANDI Philipp</b>	SUI	28 SEP 1977	<b>29:51</b>	0:36						
							5:26 (40)	10:16 (38) 4:50	15:11 (37) 4:55	20:06 (29) 4:55	25:03 (27) 4:57	4:48
23	61	<b>MUNKHOLM Morten Toft</b>	DEN	22 SEP 1985	<b>29:55</b>	0:40						
							5:25 (35)	10:16 (35) 4:51	15:10 (34) 4:54	20:06 (31) 4:56	25:02 (26) 4:56	4:53
24	140	<b>MAYAUD Denis</b>	FRA	22 APR 1986	<b>29:55</b>	0:40						
							5:21 (12)	10:07 (12) 4:46	15:02 (10) 4:55	19:56 (16) 4:54	24:58 (21) 5:02	4:57
25	133	<b>UTRIAINEN Jussi</b>	FIN	28 NOV 1978	<b>29:57</b>	0:42						
							5:21 (2)	10:09 (21) 4:48	15:03 (20) 4:54	20:00 (23) 4:57	25:01 (24) 5:01	4:56
26	448	<b>REUNKOV Aleksey</b>	RUS	28 JAN 1984	<b>29:59</b>	0:44						
							5:27 (45)	10:16 (41) 4:49	15:05 (26) 4:49	19:59 (20) 4:54	25:00 (23) 5:01	4:59
27	399	<b>PIMENTEL Licínio</b>	POR	12 APR 1977	<b>30:00</b>	0:45						
							5:23 (26)	10:11 (28) 4:48	15:05 (25) 4:54	20:06 (30) 5:01	25:01 (25) 4:55	4:59
28	78	<b>LÓPEZ Francisco Javier</b>	ESP	27 JUL 1983	<b>30:07</b>	0:52						
							5:23 (29)	10:08 (19) 4:45	15:03 (17) 4:55	20:00 (24) 4:57	25:06 (28) 5:06	5:01
29	177	<b>MCLEOD Ryan</b>	GBR	7 JUN 1985	<b>30:08</b>	0:53						
							5:22 (19)	10:09 (22) 4:47	15:04 (22) 4:55	20:04 (27) 5:00	25:07 (29) 5:03	5:01
30	447	<b>CHAVKIN Nikolay</b>	RUS	24 APR 1984	<b>30:10</b>	0:55						
							5:28 (50)	10:20 (48) 4:52	15:18 (45) 4:58	20:11 (34) 4:53	25:08 (30) 4:57	5:02
31	80	<b>SOLIS David</b>	ESP	22 DEC 1981	<b>30:11</b>	0:56						
							5:28 (51)	10:20 (50) 4:52	15:16 (41) 4:56	20:14 (36) 4:58	25:11 (33) 4:57	5:00
32	302	<b>BUTTAZZO Gian Marco</b>	ITA	23 AUG 1977	<b>30:15</b>	1:00						
							5:28 (46)	10:16 (42) 4:48	15:10 (35) 4:54	20:09 (33) 4:59	25:10 (31) 5:01	5:05

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12 DEC 2010

Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind						
							1870m	3470m	5070m	6670m	8270m	
33	357	<b>CHOUKOU</b> Khalid	NED	23 MAR 1986	<b>30:19</b>	1:04	5:23 (25)	10:08 (16) 4:45	15:05 (27) 4:57	20:05 (28) 5:00	25:11 (32) 5:06	5:08
34	368	<b>BADHASO</b> Dabaya	NOR	28 NOV 1982	<b>30:21</b>	1:06	5:26 (42)	10:14 (32) 4:48	15:06 (29) 4:52	20:09 (32) 5:03	25:14 (34) 5:05	5:07
35	264	<b>KENNEALLY</b> Mark	IRL	18 APR 1981	<b>30:24</b>	1:09	5:22 (23)	10:11 (29) 4:49	15:10 (36) 4:59	20:14 (37) 5:04	25:19 (35) 5:05	5:05
36	142	<b>ZIOINI</b> Badre Din	FRA	25 MAR 1976	<b>30:25</b>	1:10	5:25 (34)	10:13 (31) 4:48	15:16 (40) 5:03	20:24 (42) 5:08	25:30 (41) 5:06	4:55
37	175	<b>DRAPER</b> Mark	GBR	28 JUN 1984	<b>30:26</b>	1:11	5:22 (17)	10:09 (23) 4:47	15:04 (23) 4:55	20:03 (26) 4:59	25:24 (38) 5:21	5:02
38	304	<b>FLORIANI</b> Yuri	ITA	25 DEC 1981	<b>30:27</b>	1:12	5:30 (59)	10:18 (44) 4:48	15:14 (38) 4:56	20:22 (40) 5:08	25:29 (39) 5:07	4:58
39	449	<b>RYBAKOV</b> Anatoliy	RUS	27 FEB 1985	<b>30:27</b>	1:12	5:29 (57)	10:19 (46) 4:50	15:17 (43) 4:58	20:24 (41) 5:07	25:29 (40) 5:05	4:58
40	400	<b>ROCHA</b> José	POR	6 JUL 1976	<b>30:30</b>	1:15	5:22 (22)	10:10 (26) 4:48	15:08 (32) 4:58	20:14 (38) 5:06	25:23 (36) 5:09	5:07
41	76	<b>GUERRA</b> Javier	ESP	10 NOV 1983	<b>30:37</b>	1:22	5:22 (20)	10:08 (15) 4:46	15:03 (19) 4:55	20:11 (35) 5:08	25:23 (37) 5:12	5:14
42	261	<b>CHRISTIE</b> Mark	IRL	12 JAN 1985	<b>30:39</b>	1:24	5:24 (32)	10:15 (33) 4:51	15:18 (44) 5:03	20:28 (45) 5:10	25:40 (44) 5:12	4:59
43	132	<b>RÄSÄNEN</b> Matti	FIN	15 FEB 1983	<b>30:42</b>	1:27	5:29 (53)	10:24 (54) 4:55	15:25 (50) 5:01	20:30 (46) 5:05	25:38 (43) 5:08	5:04
44	268	<b>THORNTON</b> Gary	IRL	29 JUL 1979	<b>30:44</b>	1:29	5:23 (28)	10:16 (40) 4:53	15:19 (46) 5:03	20:24 (44) 5:05	25:33 (42) 5:09	5:11
45	60	<b>HANNIBAL</b> Jakob	DEN	18 JAN 1981	<b>30:46</b>	1:31	5:32 (66)	10:29 (61) 4:57	15:34 (56) 5:05	20:41 (53) 5:07	25:47 (49) 5:06	4:59
46	339	<b>FLOROSEKS</b> Mareks	LAT	4 MAR 1986	<b>30:47</b>	1:32	5:27 (43)	10:23 (53) 4:56	15:25 (52) 5:02	20:34 (50) 5:09	25:47 (48) 5:13	5:00
47	520	<b>BILGIC</b> Fatih	TUR	1 JUN 1985	<b>30:47</b>	1:32	5:22 (14)	10:13 (30) 4:51	15:23 (49) 5:10	20:34 (49) 5:11	25:40 (45) 5:06	5:07
48	180	<b>TICKNER</b> Frank	GBR	12 OCT 1983	<b>30:50</b>	1:35	5:25 (36)	10:19 (47) 4:54	15:25 (51) 5:06	20:34 (48) 5:09	25:43 (47) 5:09	5:07

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49	358	<b>WASSINK Gert Jan</b>	NED	18 DEC 1985	<b>30:52</b>	1:37						
							5:28 (47)	10:20 (49) 4:52	15:19 (47) 4:59	20:24 (43) 5:05	25:42 (46) 5:18	5:10
50	59	<b>FAURSCHOU Jesper</b>	DEN	1 JUL 1983	<b>30:57</b>	1:42						
							5:31 (63)	10:28 (58) 4:57	15:31 (54) 5:03	20:39 (52) 5:08	25:50 (50) 5:11	5:07
51	26	<b>TOUIL Ayoub</b>	BEL	12 AUG 1983	<b>31:03</b>	1:48						
							5:30 (58)	10:27 (56) 4:57	15:31 (55) 5:04	20:46 (55) 5:15	25:57 (53) 5:11	5:06
52	130	<b>BOSTRÖM Mårten</b>	FIN	3 AUG 1982	<b>31:04</b>	1:49						
							5:29 (54)	10:27 (57) 4:58	15:35 (57) 5:08	20:44 (54) 5:09	25:57 (52) 5:13	5:07
53	13	<b>YEGHIKYAN Sevak</b>	ARM	13 FEB 1986	<b>31:13</b>	1:58						
							5:21 (1)	10:26 (55) 5:05	15:36 (59) 5:10	20:47 (56) 5:11	25:58 (54) 5:11	5:15
54	25	<b>BEKELE Atelaw Yeshetela</b>	BEL	4 DEC 1987	<b>31:17</b>	2:02						
							5:21 (5)	10:09 (24) 4:48	15:14 (39) 5:05	20:32 (47) 5:18	25:53 (51) 5:21	5:24
55	308	<b>SCAINI Stefano</b>	ITA	4 MAY 1983	<b>31:20</b>	2:05						
							5:26 (38)	10:22 (52) 4:56	15:30 (53) 5:08	20:50 (57) 5:20	26:06 (56) 5:16	5:14
56	16	<b>SCHMID Michael</b>	AUT	13 FEB 1984	<b>31:29</b>	2:14						
							5:26 (41)	10:20 (51) 4:54	15:36 (58) 5:16	20:57 (59) 5:21	26:16 (57) 5:19	5:13
57	265	<b>MULHARE Dan</b>	IRL	2 SEP 1985	<b>31:35</b>	2:20						
							5:25 (37)	10:17 (43) 4:52	15:21 (48) 5:04	20:39 (51) 5:18	26:03 (55) 5:24	5:32
58	451	<b>SHARIKOV Gleb</b>	RUS	25 DEC 1987	<b>31:36</b>	2:21						
							5:37 (68)	10:49 (67) 5:12	16:03 (66) 5:14	21:19 (65) 5:16	26:27 (60) 5:08	5:09
59	474	<b>KOSMAC Anton</b>	SLO	14 DEC 1976	<b>31:38</b>	2:23						
							5:32 (65)	10:29 (62) 4:57	15:42 (61) 5:13	20:57 (60) 5:15	26:16 (58) 5:19	5:22
60	53	<b>KOCOUREK Milan</b>	CZE	6 DEC 1987	<b>31:45</b>	2:30						
							5:30 (60)	10:28 (59) 4:58	15:39 (60) 5:11	20:57 (58) 5:18	26:18 (59) 5:21	5:27
61	523	<b>KARAYEL Bekir</b>	TUR	10 MAY 1982	<b>31:56</b>	2:41						
							5:28 (52)	10:28 (60) 5:00	15:45 (63) 5:17	21:15 (62) 5:30	26:34 (62) 5:19	5:22
62	263	<b>FARRELL Brian</b>	IRL	30 SEP 1983	<b>31:59</b>	2:44						
							5:29 (55)	10:31 (63) 5:02	15:45 (62) 5:14	21:12 (61) 5:27	26:40 (63) 5:28	5:19
63	62	<b>WOLTERS Benjamin</b>	DEN	1 JAN 1982	<b>32:07</b>	2:52						
							5:40 (70)	10:49 (68) 5:09	16:04 (67) 5:15	21:26 (66) 5:22	26:47 (65) 5:21	5:20
64	131	<b>HARJAMÄKI Joonas</b>	FIN	30 MAY 1986	<b>32:09</b>	2:54						
							5:32 (64)	10:32 (65) 5:00	15:50 (64) 5:18	21:16 (63) 5:26	26:46 (64) 5:30	5:23

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**Senior Men  
Detailed Results**

12 DEC 2010

Rank	Bib	Name	Nat	Date of Birth	Result	Time Behind						
							1870m	3470m	5070m	6670m	8270m	
65	352	<b>NOTHUM Vincent</b>	LUX	26 APR 1978	<b>32:45</b>	3:30						
							5:43 (71)	11:00 (69) 5:17	16:22 (69) 5:22	21:50 (68) 5:28	27:17 (66) 5:27	5:28
66	122	<b>TIEREPANNIKOV Sergei</b>	EST	15 AUG 1983	<b>33:02</b>	3:47						
							5:34 (67)	10:46 (66) 5:12	16:06 (68) 5:20	21:45 (67) 5:39	27:19 (67) 5:34	5:43
67	338	<b>EDGARS Bertuks</b>	LAT	3 APR 1986	<b>33:06</b>	3:51						
							5:46 (72)	11:06 (72) 5:20	16:32 (70) 5:26	22:06 (69) 5:34	27:39 (68) 5:33	5:27
68	54	<b>KREISINGER Jan</b>	CZE	16 SEP 1984	<b>33:32</b>	4:17						
							5:39 (69)	11:03 (70) 5:24	16:38 (71) 5:35	22:18 (70) 5:40	27:53 (69) 5:35	5:39
69	521	<b>CEYLAN Yasin</b>	TUR	1 JAN 1984	<b>33:44</b>	4:29						
							5:31 (61)	11:05 (71) 5:34	16:44 (72) 5:39	22:19 (71) 5:35	28:03 (70) 5:44	5:41
70	340	<b>ARSENIKOV Janis</b>	LAT	24 MAY 1983	<b>33:58</b>	4:43						
							5:50 (73)	11:16 (73) 5:26	16:51 (73) 5:35	22:38 (72) 5:47	28:17 (71) 5:39	5:41
71	337	<b>RUMBENIEKS Arnis</b>	LAT	4 APR 1988	<b>35:16</b>	6:01						
							5:56 (74)	11:38 (74) 5:42	17:32 (74) 5:54	23:32 (73) 6:00	29:25 (72) 5:53	5:51
473		<b>KOBE Primoz</b>	SLO	23 MAY 1981	<b>DNF</b>							
							5:31 (62)	10:31 (64) 5:00	15:51 (65) 5:20	21:16 (64) 5:25		
305		<b>LA ROSA Stefano</b>	ITA	22 SEP 1985	<b>DNF</b>							
							5:26 (39)	10:16 (37) 4:50	15:17 (42) 5:01	20:20 (39) 5:03	26:28 (61) 6:08	
181		<b>VERNON Andy</b>	GBR	7 JAN 1986	<b>DNF</b>							
							5:22 (15)	10:08 (18) 4:46	15:02 (14) 4:54			
522		<b>GIRMALEGESE Mert</b>	TUR	30 NOV 1987	<b>DNS</b>							

<b>Intermediate times:</b>	<b>1870m</b>	5:21	13	YEGHIKYAN Sevak (ARM)
	<b>3470m</b>	10:07	141	MEFTAH Abdellatif (FRA)
	<b>5070m</b>	15:01	306	LALLI Andrea (ITA)
	<b>6670m</b>	19:49	141	MEFTAH Abdellatif (FRA)
	<b>8270m</b>	24:38	137	AMDOUNI Mourad (FRA)


**Weather conditions**

Temperature: 19 °C Humidity: 65 % Conditions: Mostly clo udy

**Legend**

DNF Did not Finish DNS Did not Start

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Senior Men  
Team Results

Rank	Nation	Bib	Name	Time	Pos	Points
<b>1</b>	<b>France (FRA)</b>					<b>33</b>
		141	MEFTAH Abdellatif	29:21		4
		137	AMDOUNI Mourad	29:21		5
		138	BENHARI Mokhtar	29:34		10
		139	EL HIMER Driss	29:41		14
		140	MAYAUD Denis	29:55	24	
		142	ZIOINI Badre Din	30:25	36	
<b>2</b>	<b>Portugal (POR)</b>					<b>35</b>
		397	EL KALAI Youssef	29:19		3
		398	MBENGANI Eduard	29:29		7
		402	SILVA Rui Pedro	29:32		8
		401	SILVA Rui	29:44		17
		399	PIMENTEL Licínio	30:00	27	
		400	ROCHA José	30:30	40	
<b>3</b>	<b>Spain (ESP)</b>					<b>58</b>
		77	LAMDASSEM Ayad	29:18		2
		75	ESPAÑA Jesús	29:32		9
		79	SERRANO Ricardo	29:49		19
		78	LÓPEZ Francisco Javier	30:07		28
		80	SOLIS David	30:11	31	
		76	GUERRA Javier	30:37	41	
<b>4</b>	<b>Italy (ITA)</b>					<b>96</b>
		306	LALLI Andrea	29:28		6
		303	DE NARD Gabriele	29:50		20
		302	BUTTAZZO Gian Marco	30:15		32
		304	FLORIANI Yuri	30:27		38
		308	SCAINI Stefano	31:20	55	
		305	LA ROSA Stefano	DNF		
<b>5</b>	<b>Great Britain &amp; NI (GBR)</b>					<b>99</b>
		176	HUMPHRIES Tom	29:43		15
		178	NICHOLLS Phil	29:46		18
		177	MCLEOD Ryan	30:08		29
		175	DRAPER Mark	30:26		37
		180	TICKNER Frank	30:50	48	
		181	VERNON Andy	DNF		
<b>6</b>	<b>Russia (RUS)</b>					<b>106</b>
		450	RYBAKOV Yevgeniy	29:35		11
		448	REUNKOV Aleksey	29:59		26
		447	CHAVKIN Nikolay	30:10		30
		449	RYBAKOV Anatoliy	30:27		39
		451	SHARIKOV Gleb	31:36	58	
<b>7</b>	<b>Ireland (IRL)</b>					<b>142</b>
		267	SWEENEY Joseph	29:51		21
		264	KENNEALLY Mark	30:24		35
		261	CHRISTIE Mark	30:39		42
		268	THORNTON Gary	30:44		44
		265	MULHARE Dan	31:35	57	
		263	FARRELL Brian	31:59	62	
<b>8</b>	<b>Denmark (DEN)</b>					<b>181</b>
		61	MUNKHOLM Morten Toft	29:55		23
		60	HANNIBAL Jakob	30:46		45
		59	FAURSCHOU Jesper	30:57		50
		62	WOLTERS Benjamin	32:07		63




Senior Men  
Team Results

Rank	Nation	Bib	Name	Time	Pos	Points
<b>9</b>	<b>Finland (FIN)</b>					<b>184</b>
		133	UTRIAINEN Jussi	29:57		25
		132	RÄSÄNEN Matti	30:42		43
		130	BOSTRÖM Mårten	31:04		52
		131	HARJAMÄKI Joonas	32:09		64
<b>10</b>	<b>Latvia (LAT)</b>					<b>254</b>
		339	FLOROSEKS Mareks	30:47		46
		338	EDGARS Bertuks	33:06		67
		340	ARSENIKOVS Janis	33:58		70
		337	RUMBENIEKS Arnis	35:16		71

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Temperature: 19 °C Humidity: 65 % Conditions: Mostly clo udy

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